

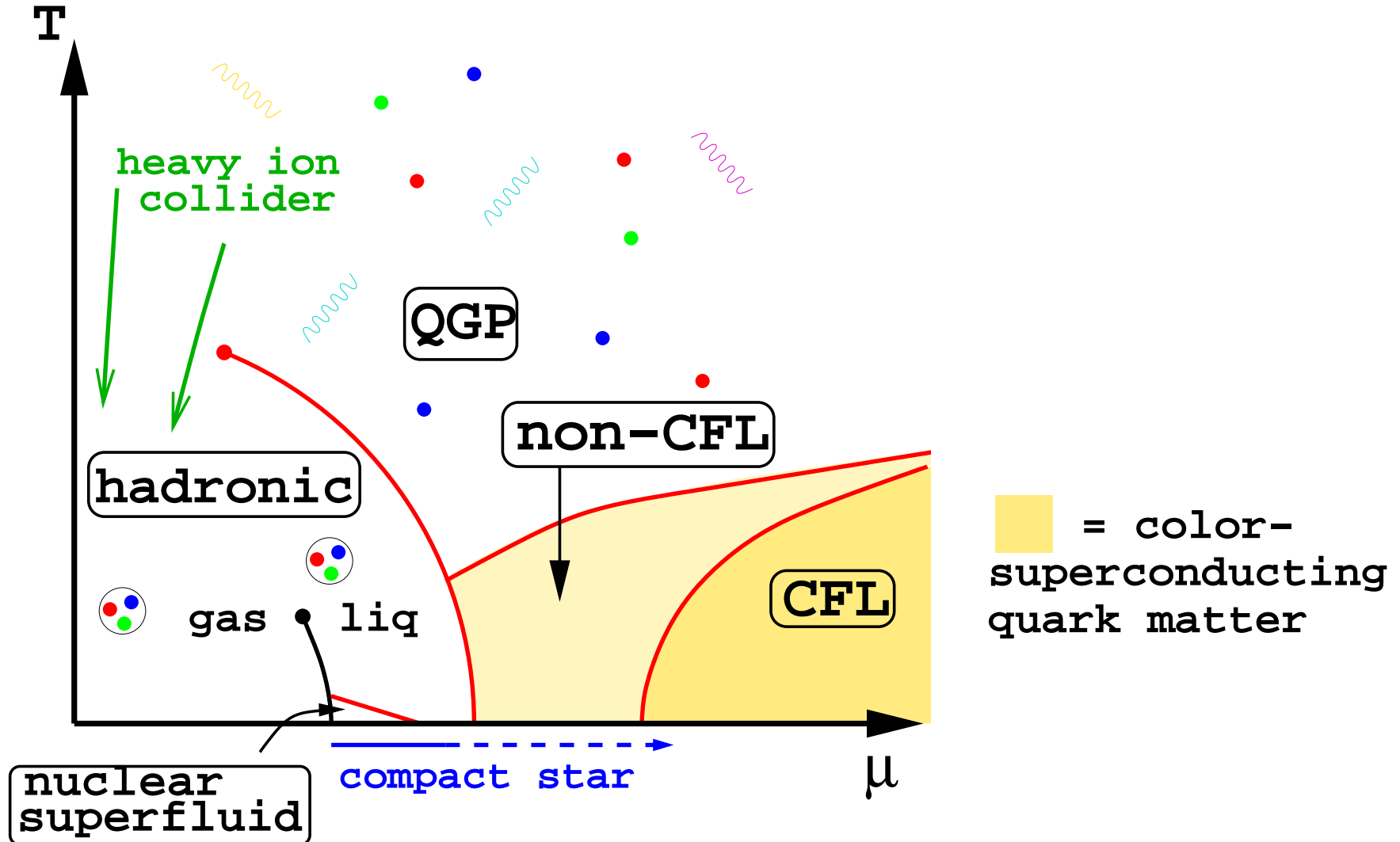
Quark matter in neutron stars

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M. Alford, K. Rajagopal, T. Schäfer, A. Schmitt, [arXiv:0709.4635](https://arxiv.org/abs/0709.4635) (RMP review)

Conjectured QCD phase diagram



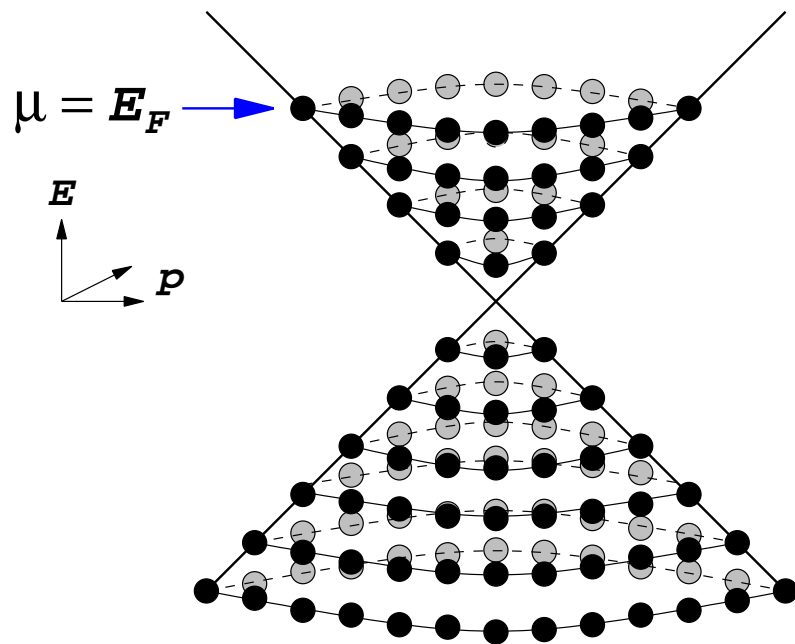
heavy ion collisions: chiral critical point and first-order line

compact stars: color superconducting quark matter core

Cooper pairing in quark matter: color superconductivity

At sufficiently high density and low temperature, there is a **Fermi sea** of almost free quarks.

Any **attractive** quark-quark interaction causes pairing instability of the Fermi surface: BCS mechanism of superconductivity.



$$F = E - \mu N \quad \frac{dF}{dN} = 0$$

QCD quark-quark interaction is **attractive** in **color-antisymmetric** channel:

- single gluon exchange
- instanton interaction
- strong coupling: count flux tubes
- confinement is attraction

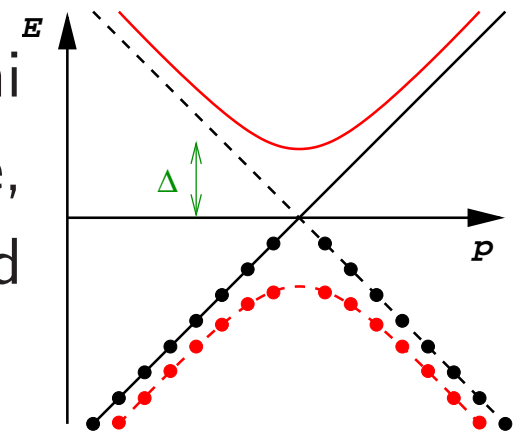
BCS in quark matter: Ivanenko and Kurdgelaidze, Lett. Nuovo Cim. IIS1 13 (1969).

Physical consequences of Cooper pairing

Changes low energy excitations, affecting *transport properties*.

- spontaneous breaking of global symmetries: **Goldstone bosons**, massless degrees of freedom that dominate low energy behavior. E.g. light pions, superfluidity.
- spontaneous breaking of local (gauged) symmetries: massive gauge bosons, exclusion of magnetic fields (**Meissner effect**).
- create a **gap in fermion spectrum**.

Adding a fermion of momentum \vec{p} near the Fermi surface disrupts the condensate in that mode, i.e. breaks the Cooper pair with momenta \mathbf{p} and $-\mathbf{p}$, costing energy Δ .



Color superconducting phases

Quark Cooper pair: $\langle q_{ia}^\alpha q_{jb}^\beta \rangle$

color $\alpha, \beta = r, g, b$

flavor $i, j = u, d, s$

spin $a, b = \uparrow, \downarrow$

Each possible BCS pairing pattern P is an 18×18 color-flavor-spin matrix

$$\langle q_{ia}^\alpha q_{jb}^\beta \rangle_{1PI} = \Delta_P P_{ij ab}^{\alpha\beta}$$

The attractive channel is:

	color antisymmetric	[most attractive]
	spin antisymmetric	[isotropic]
\Rightarrow	flavor antisymmetric	

So we expect pairing between *different flavors*.

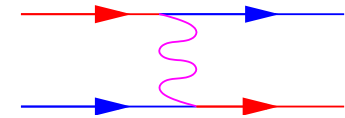
Calculating properties of high-density quark matter

Lattice: “Sign problem”—negative probabilities.

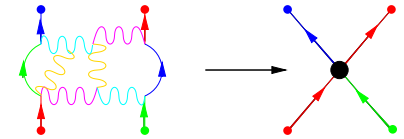
SUSY: Statistics crucial to quark Fermi surface.

large N_c : Large corrections. (Also gravity dual theories.)

pert: Applicable far beyond nuclear density.
Neglects confinement and instantons.



NJL: Model, applicable at low density.
Follows from instanton liquid model.



EFT: Effective field theory for lightest degrees of freedom.

“Parameterization of our ignorance”: assume a phase, guess coefficients of interaction terms (or match to pert theory), obtain phenomenology.

Calculations using NJL or weak-coupling QCD

Guess a color-flavor-spin pairing pattern P ; to obtain gap Δ_P , calculate free energy Ω (mean-field approx typically), minimize with respect to Δ_P and impose color and electric neutrality

$$\frac{\partial \Omega}{\partial \Delta_P} = 0 \quad \frac{\partial \Omega}{\partial \mu_i} = 0$$

The pattern with the lowest $\Omega(\Delta_P)$ wins!

1. **Weak-coupling** methods. First-principles calculations direct from QCD Lagrangian, valid in the asymptotic regime, currently $\mu \gtrsim 10^6$ MeV.
2. **Nambu–Jona-Lasinio models**, ie quarks with four-fermion coupling based on instanton vertex, single gluon exchange, etc. This is a semi-quantitative guide to physics in the compact star regime $\mu \sim 400$ MeV, not a systematic approximation to QCD.

NJL gives $\Delta \sim 10\text{--}100$ MeV at $\mu \sim 400$ MeV.

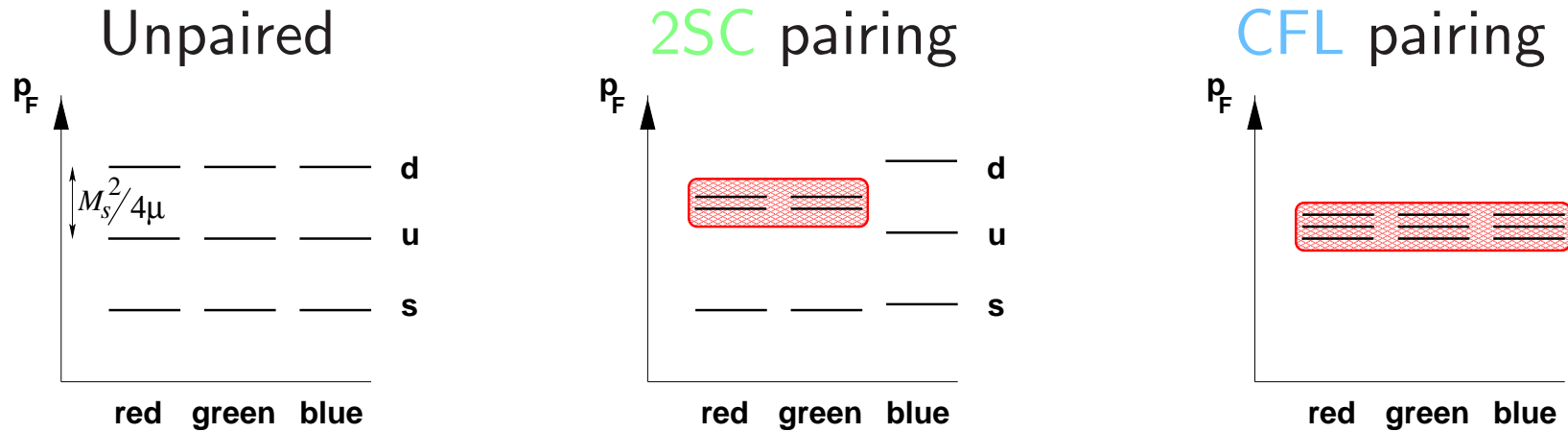
The real world: M_s and neutrality

In the real world (ie neutron star cores) there are three complications.

1. **Strange quark mass** is not infinite nor zero, but intermediate. It depends on density, and ranges between about 500 MeV in the vacuum and about 100 MeV at high density.
2. **Neutrality requirement.** Bulk quark matter must be neutral with respect to all gauge charges: color and electromagnetism.
3. **Weak interaction equilibration.** In a compact star there is time for weak interactions to proceed: neutrinos escape and flavor is not conserved.

So quark matter in a compact star might be CFL, or something else: kaon-condensed CFL, 2SC, 1SC, crystalline,...

Cooper pairing vs. the strange quark mass



CFL: Color-flavor-locked phase, favored at the highest densities.

$$\langle q_i^\alpha q_j^\beta \rangle \sim \delta_i^\alpha \delta_j^\beta - \delta_j^\alpha \delta_i^\beta = \epsilon^{\alpha\beta N} \epsilon_{ijN}$$

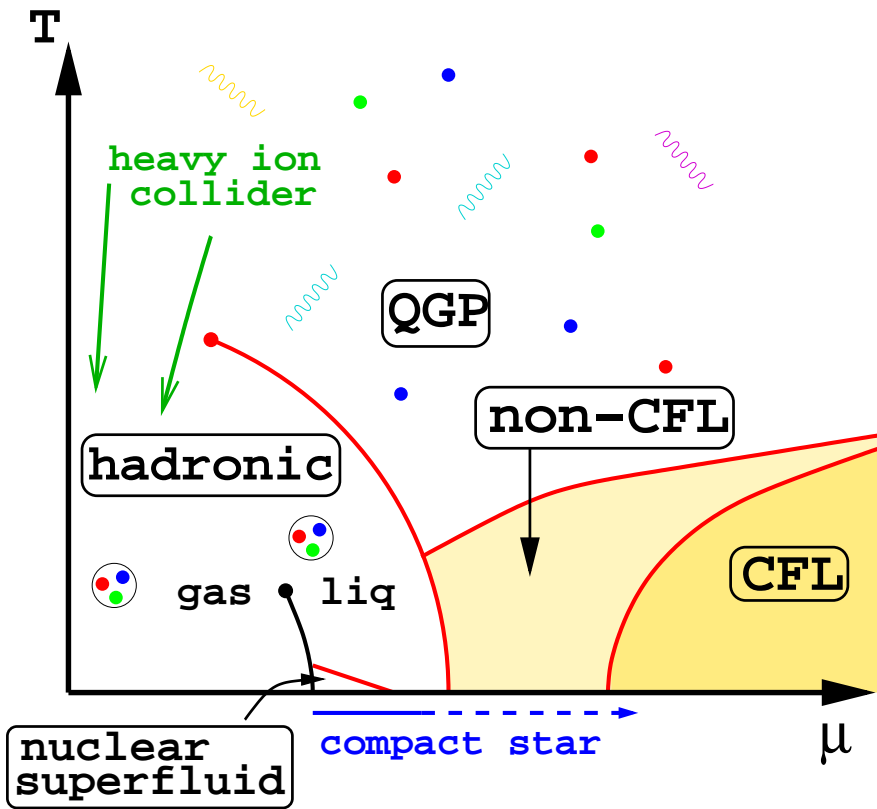
breaks chiral symmetry by a new mechanism: $\langle qq \rangle$ instead of $\langle \bar{q}q \rangle$.

2SC: Two-flavor pairing phase. May occur at intermediate densities.

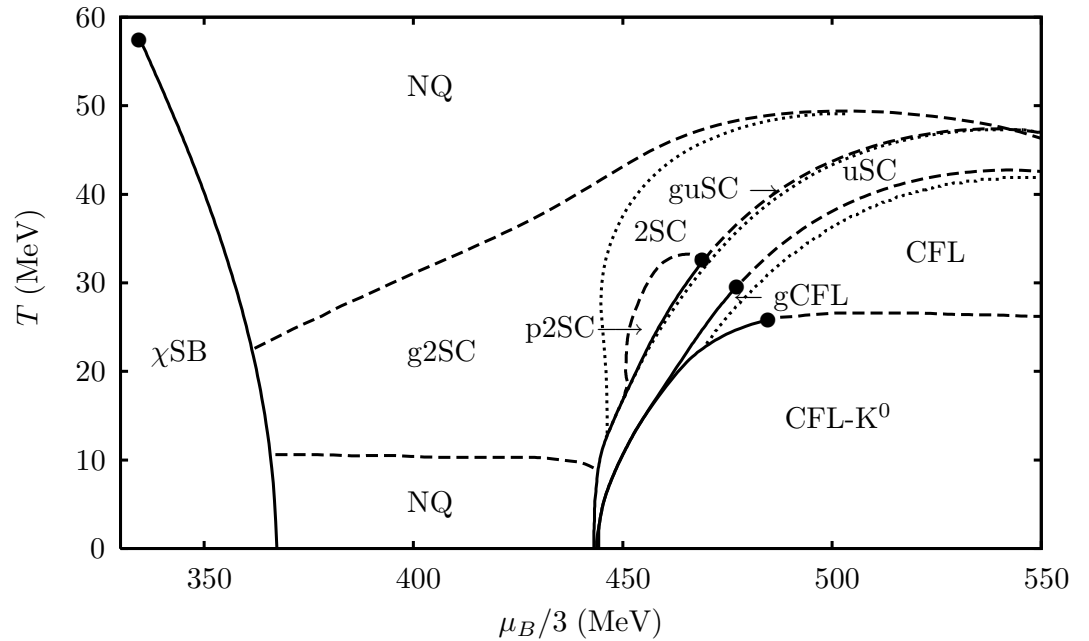
$$\langle q_i^\alpha q_j^\beta \rangle \sim \epsilon^{\alpha\beta 3} \epsilon_{ij3} \sim (rg - gr)(ud - du)$$

or: Exotic non-BCS pairing: LOFF (crystalline phase), p -wave meson condensates, single-flavor pairing (color-spin locking, \sim liq ${}^3\text{He-B}$).

Phases of quark matter, again



NJL model, uniform phases only

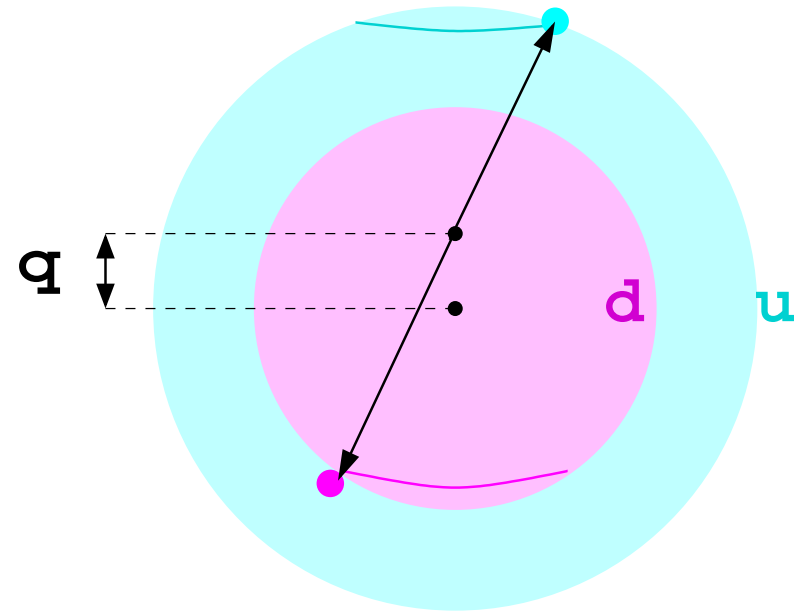


Warringa, hep-ph/0606063

But there are also non-uniform phases, such as the crystalline (“LOFF” / “FFLO”) phase. (Alford, Bowers, Rajagopal, hep-ph/0008208)

Crystalline (LOFF) color superconductivity

When s -wave pairing between different flavors is stressed to near the breaking point, it may be favorable to make pairs with a net momentum, so each flavor can be close to its Fermi surface.



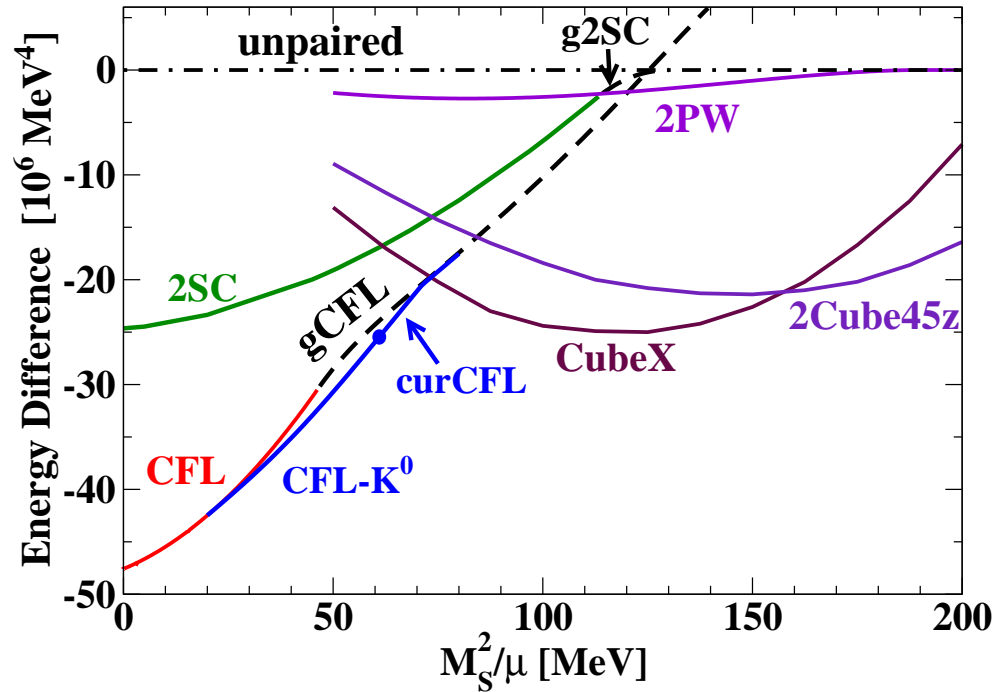
This yields a plane-wave condensate $\Delta(\mathbf{x}) = \Delta_0 \exp(2i\mathbf{q} \cdot \mathbf{x})$.

Two plane waves: $\Delta(\mathbf{x}) = \Delta_0 \cos(2\mathbf{q} \cdot \mathbf{x})$

With three flavors one can combine many plane waves to get crystal structures such as BCC (Rajagopal and Sharma hep-ph/0605316).

Free energy comparison of phases

Assuming $\Delta_{\text{CFL}} = 25$ MeV.



CFL- K^0	K^0 condensate
curCFL	K^0 cond current
2PW	LOFF, 2-plane-wave
CubeX	LOFF crystal, G-L approx
2Cube45z	LOFF crystal, G-L approx

(Alford, Rajagopal, Schäfer, Schmitt, arXiv:0709.4635)

Curves for CubeX and 2Cube45z use G-L approx far from its area of validity: favored phase at $M_s^2 \sim 4\mu\Delta$ remains uncertain.

Signatures of color superconductivity in compact stars

Pairing energy { affects Equation of state . Hard to detect.
(Alford, Braby, Paris, Reddy, nucl-th/0411016)

Gaps in quark spectra
and Goldstone bosons { affect Transport properties :
emissivity, heat capacity, viscosity (shear, bulk),
conductivity (electrical, thermal)...

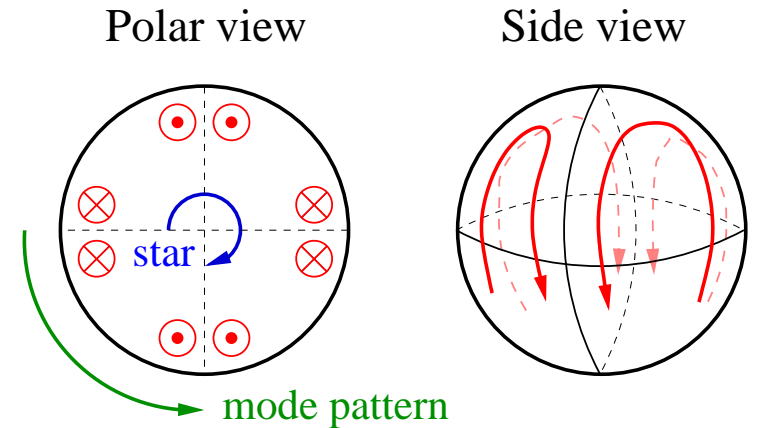
1. Gravitational waves: r-mode instability, shear and bulk viscosity
2. Glitches and crystalline (“LOFF”) pairing
3. Cooling by neutrino emission, neutrino pulse at birth

r-modes: gravitational spin-down of compact stars

An r-mode is a quadrupole flow that emits gravitational radiation. It becomes unstable (i.e. arises spontaneously) when a star **spins fast enough**, and if the **shear and bulk viscosity are low enough**.

The unstable *r*-mode can spin the star down very quickly, in days to years (Andersson [gr-qc/9706075](#); Friedman and Morsink [gr-qc/9706073](#); Lindblom [astro-ph/0101136](#)).

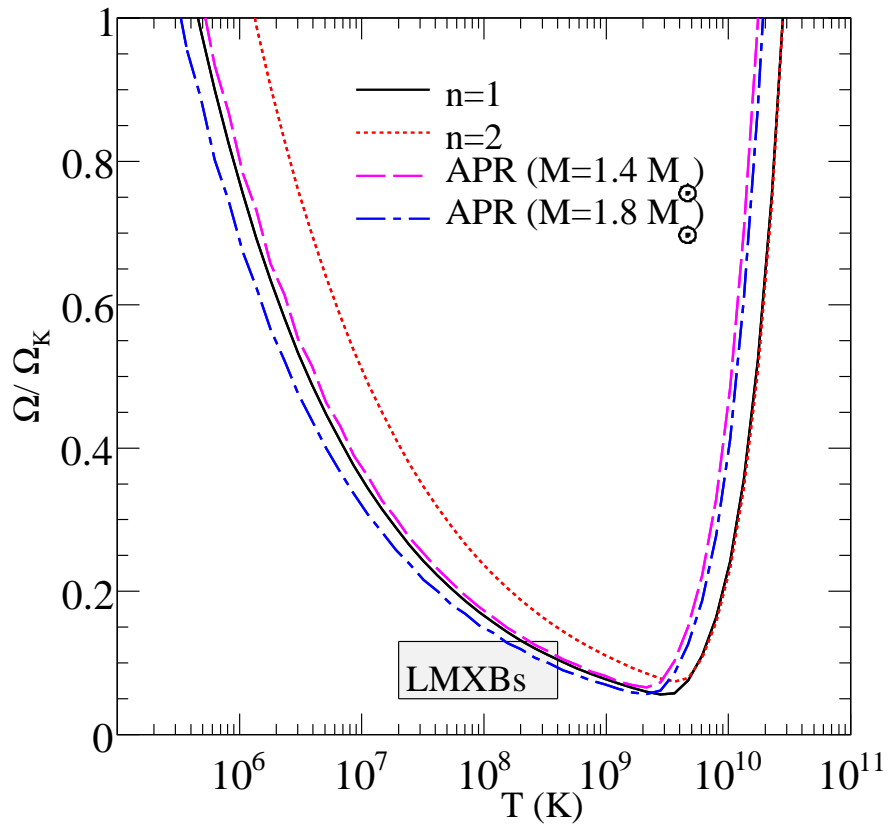
So if we see a star spinning quickly, we can infer that the interior viscosity must be high enough to damp the *r*-modes.



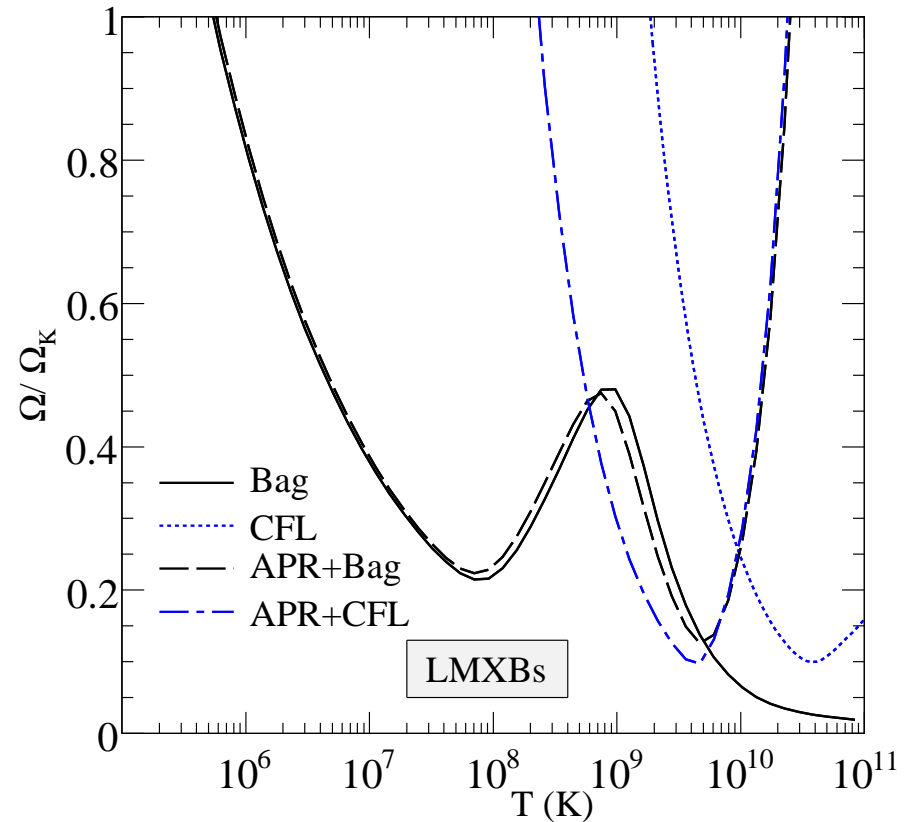
Constraints from r-modes

Regions above curves are forbidden because viscosity is too low to hold back the r -modes.

Nuclear matter

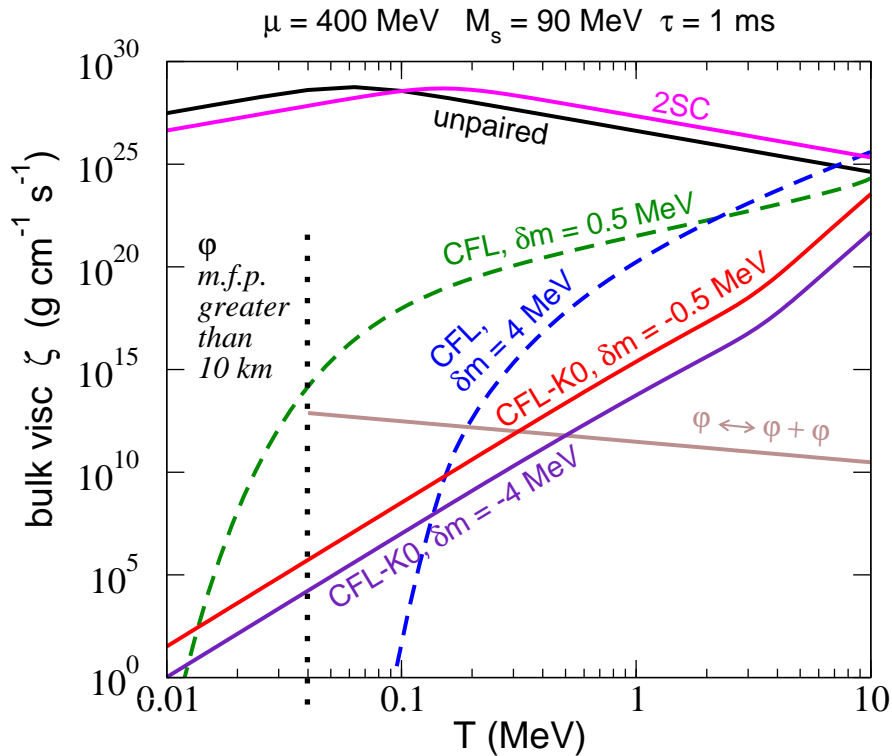


Quark matter



(Jaikumar, Rupak, Steiner arXiv:0806.1005)

Bulk viscosity of uniform quark matter phases



δm is the kaon mass gap

$\delta m > 0$: CFL

$\delta m < 0$: CFL- K^0

Alford, Schmitt, nucl-th/0608019; Alford,
Braby, Reddy, Schäfer,

nucl-th/0701067;

Manuel, Llanes-Estrada,

arXiv:0705.3909;

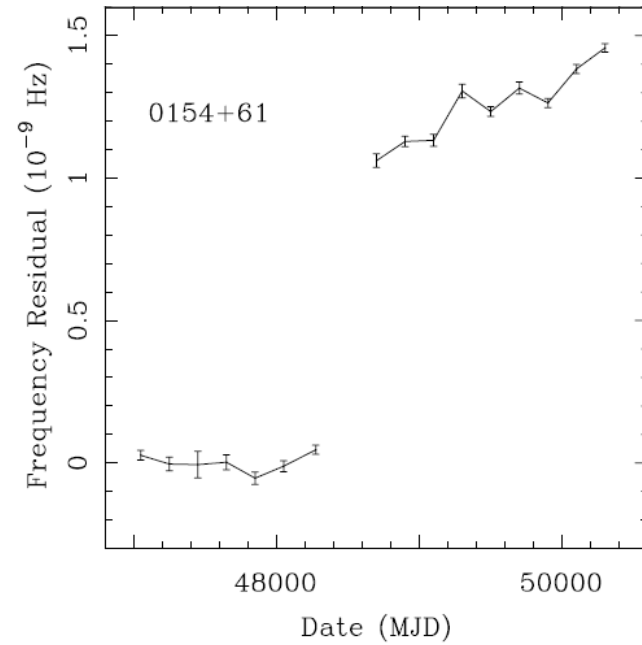
Alford, Braby, Schmitt,

arXiv:0806.0285

- Unpaired and 2SC have the largest bulk viscosity, because they have unpaired modes at Fermi surface (large phase space).
- K^0 density $\sim \exp(-\delta\mu/T)$ drops rapidly for $T \lesssim \delta\mu/10$.
- $\delta\mu = m_{K^0} - M_s^2/(2\mu)$ could be anything from negative (kaon condensation) to $\sim 10 \text{ MeV}$.
- Superfluid modes (“phonons”) alone contribute some bulk viscosity.

Rigidity of quark matter: glitches and grav. waves

Glitch: star's rotation rate suddenly increases. Thought to be due to transfer of ang mom from core to crust as superfluid vortices unpin from some rigid structure in the star.

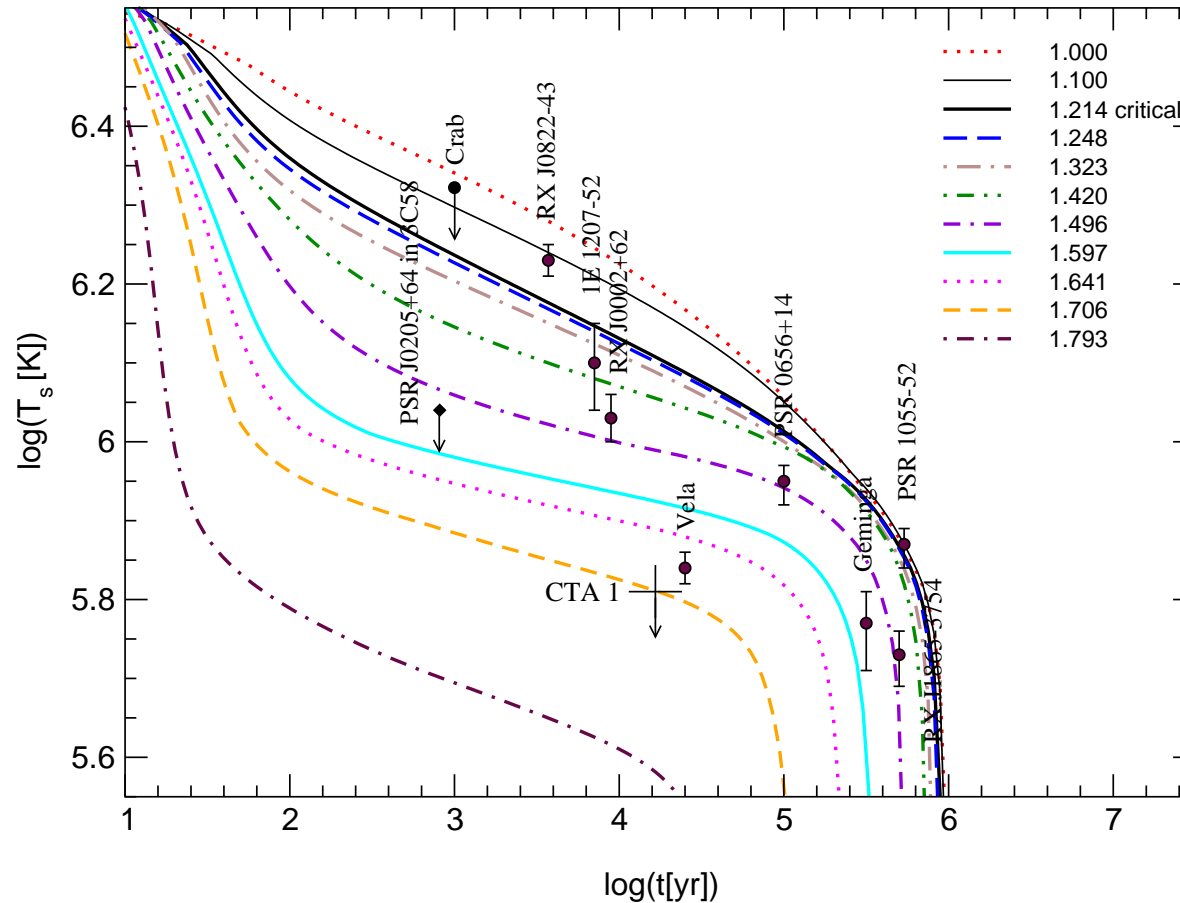


Conventional picture: pinning occurs in “inner crust” where neutron superfluid interpenetrates a lattice of nuclei, with shear modulus $\nu \sim 10^{-4}-10^{-2}$ MeV/fm³.

Alternative scenario: pinning occurs in quark matter core in LOFF phase: superfluid and rigid crystal, shear modulus $\nu \sim 0.5-20$ MeV/fm³. (Mannarelli, Rajagopal, Sharma hep-ph/0702021)

Open questions: pinning force, angular momentum transport time.

Cooling of a neutron star with quark matter core



(Grigorian, Blaschke, Voskresensky, astro-ph/0411619)

With 2-flavor color superconductivity, and additional weak pairing of the blue quarks. Can accommodate data with masses ranging from $1.1 M_{\odot}$ to $1.7 M_{\odot}$.

Looking to the future

- Neutron-star phenomenology of color superconducting quark matter:
 - suprathreshold bulk viscosity of quark matter phases (r-mode)
 - detailed analysis of r -mode profiles in hybrid star
 - heat capacity, conductivity and emissivity (neutrino cooling)
 - structure: nuclear-quark interface (gravitational waves?)
 - crystalline phase (glitches) (gravitational waves?)
 - CFL: vortices but no flux tubes
- More general questions:
 - magnetic instability of gapless phases
 - better weak-coupling calculations, include vertex corrections
 - go beyond mean-field, include fluctuations
 - solve the sign problem and do lattice QCD at high density.